

HIGH PERFORMANCE BARRIE BAYCATS









RAPSODO CERTIFIED



DRIVELINE CERTIFIED



NON PARENT COACHES















2023

MARCH

VINTAGE THRONE STADIUM





Mission

Our mission is to develop and prepare talented young athletes to reach their full potential in baseball and in life. We strive to create a culture of excellence where our players learn the value of hard work, dedication, and teamwork. Through top-level coaching, training, and competition, we aim to instill a lifelong passion for the game and to help our players become leaders both on and off the field. Our goal is to provide a supportive, challenging, and inspiring environment that fosters personal growth, skill development, and character building, and to prepare our players for success at the highest levels of baseball.

Vision

Our vision is to be recognized as a premier youth baseball program, renowned for our commitment to developing elite athletes with outstanding character, leadership skills, and a respect for the game. We strive to build a culture that fosters excellent in every aspect of our players' lives, instilling in them a deep love of the game and a relentless drive to improve. Our goal is to provide a comprehensive, world-class baseball program that helps our athletes reach their next level, while also emphasizing the importance of teamwork, sportsmanship, respect for the game, and community involvement. Through our unwavering dedication to our players, coaches, and community, we aim to set the standard for excellence in youth baseball and to inspire the next generation of great baseball players and leaders.

Our Core Values: Respect, Intensity, Intelligence, Trust, & Confidence



The High Performance Barrie Baycats are proud members of the <u>EBLO</u>, and <u>Baseball Ontario</u>. The HP Baycats have a short, but successful history in player development, player success, and team Championships. Our inaugural year in 2018 with just one team, the 15u Elite Baycats. In 2019 we grew to 3 teams, 18u, 16u, and 15u. In 2024 we will field 5 teams – 18u, 17u, 16u T1, 16u T2, and 15u.

Every off-season our HP teams' partner with Mind to Muscle in Barrie who have developed a strength and conditioning program specifically for our athletes, to help them get stronger, and more explosive. Our off season also includes multiple position specific and team practices weekly in our very own indoor facility "The Warehouse". We use Rapsodo pitching and hitting data to curate player-specific development plans. Rapsodo data allows us to identify strengths to build on and weaknesses to address. In addition to Rapsodo our pitchers follow the Driveline program which helps them improve their velocity, arm care, and fill up the zone. Our HP teams also have the opportunity to travel to the USA for March break to get some work in outside prior to our season commencing in Ontario.

Our season includes multiple trips to the USA playing in elite tournaments including Perfect Game events, Pastime Tournaments, PBR Tournaments, and Bullpen events playing at the some of the top Universities in the United States in front of scouts and coaches. When we aren't travelling across the U.S. our HP teams play against more than 30 different members of the OBA in the EBLO.

Our 15U, and 18U teams compete in the eliminations, the winning association gets to represent Ontario at the Nationals.

Our HP program runs a hosted PBR Showcase at Vintage Throne Stadium in the fall. Our program also leverages Field Level and helps our athletes build their profiles to maximize exposure to colleges, and coaches. Each of our athletes will have a Field level profile, PBR profile, and Perfect game profile.

Our goal as a program is to maximize the exposure of our athletes while making them physically, fundamentally, and mentally strong, preparing them for their next level.















Barrie Baycats has the privilege of conducting indoor workouts in their very own 14,400 sq/ft. indoor facility, The Warehouse. Teams will practice indoors in the off-season at minimum 2

times a week with additional opportunities for position-specific training.



Additional self-directed training is available through membership at The Warehouse, exclusive to members of Barrie Minor Baseball.

The High-Performance program utilizes Rapsodo technology metrics to track results and provide goal setting for players.

Most home games are played at Vintage Throne Stadium, home of the <u>Barrie Baycats</u> - seventime Intercounty Baseball League (IBL) Champions.







